

Better Living for Less Money

By Roger W. Babson

Published by Fleming H. Revell Co., New York, 1942

<http://babsc.iii.com/record=b1090074~S0>

This self-help book contains advice and rules for healthy living from Babson, who recommends using less wealth and mining human inner resources to yield a better life. Chapters focus on subjects such as the environment, exercise, sleep and religion. The book offers a comprehensive guide for how to live the most satisfying life possible with limited economic expense.

Babson College Archives copy: Purchased by the Babson Institute Library in 1942

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